



	<p><b>The EDGE Café</b> Volunteering opportunities at The EDGE Café, Brookfields Hospital Site, 351 Mill Rd, Cambridge.</p> <p>Café – Kitchen/waiting staff Recovery Hub – Peer Mentors with lived experience Food Hub</p> <p>Please pop in and speak to a member of staff or contact us.</p> <p>Café and Food Hub Manager: sarahjrd@theedgecafecambridge.com 07940 468 478</p> <p>Recovery Hub Manager: gail@theedgecafecambridge.com 07848 871 323</p>
 <p>Department for Work and Pensions</p>	<p><b>Job Centre Plus</b> Help and support to find employment.</p> <p>Cambridge Job Centre Plus, Henry Giles House, 73-79 Chesterton Road, Cambridge Cambridgeshire, CB4 3BQ</p> <p>0845 604 3719 01223 545016</p>
	<p><b>Waythrough</b> Support with employment and training.</p> <p><a href="https://www.waythrough.org.uk/ways-we-support-people/support-with-employment-and-training/">https://www.waythrough.org.uk/ways-we-support-people/support-with-employment-and-training/</a></p> <p>info@waythrough.org.uk. 01325 731 160.</p>
	<p><b>NHS CPFT – Individual Placement Support (IPS)</b> The service helps people with mental health problems to find and sustain paid employment.</p> <p>The Old Town Hall, 17 Bridge Street, Peterborough, PE1 1HF T: 01733 748484 E: IPSReferrals@cpft.nhs.uk</p>
	<p><b>Volunteer Cambs</b> Help in finding volunteering opportunities. <a href="https://www.volunteercambs.org.uk/">https://www.volunteercambs.org.uk/</a></p> <p>Email: info@volunteercambs.org.uk Phone: 07709741962</p>