Counselling services

Centre 33 Supporting Young People	**Centre 33** Supporting young people up to age of 25 with mental health, caring responsibilities, housing, sexual health and more. Drop in on certain days and times. Look on website for more information. https://centre33.org.uk/ Phone: 03334141809 text/whatsapp: 07514783745 Email: hello@centre33.org.uk
Choices moving on from childhood sexual abuse	**Choices** Counselling services for men and women whos lives are affected by childhood sexual abuse. Tel: 01223 358149 Web: Choicescounselling.co.uk
Cogwheel Counselling Affordable help when life slips out of gear	**Cogwheel** Affordable counselling. Tel: 01223 464385 Web: cogwheel.org.uk
Cruse Bereavement Support	**Cruse Bereavement Support** Help people get through the death of a loved one and offer counselling and support. Tel: 08088081677 https://www.cruse.org.uk/
lifecraft	Lifecraft Mental health charity based in Cambridge offer counselling to their members. Website: https://lifecraft.org.uk/how-we-can-help/counselling/ Tel:01223 566957