



## Co-dependents Anonymous UK – CoDa

12 step fellowship that offers meetings and support for people who want healthy relationships.

<https://codauk.org/>

General Enquiries: [communications@codauk.org](mailto:communications@codauk.org)

Meeting Updates: [meetings@codauk.org](mailto:meetings@codauk.org)



## Relationship Counselling East Anglia.

Previously named Relate Cambridgeshire.

Offers support and counselling.

Relationships counselling , autism relationships counselling, family counselling, personal counselling, children's counselling, young people's counselling, one session therapy, sex therapy, sexually compulsive behaviour counselling, check-in service.

Web:<https://www.rc-ea.org.uk/>

Email: [counselling@rc-ea.org.uk](mailto:counselling@rc-ea.org.uk)

Tel: 01223 792226

Opening hours: Monday to Friday 9am to 5:30pm